



Pedagogy On-The-Go

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Enhancing Culinary Education: Tackling Food Waste Through Video Learning


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As food waste continues to pose serious economic, environmental, and social challenges globally, educators are exploring innovative ways to tackle this issue in the classroom. Researchers from Fu Jen Catholic University recently proved that supplementing traditional lectures with videos on food waste avoidance can significantly boost students' learning outcomes in culinary education.

In a Chinese cuisine preparation course, students who watched instructional videos alongside weekly lectures showed improved cooking skills and a deeper understanding of sustainable food practices. This approach highlights the power of multimedia learning tools to enhance student engagement and promote meaningful, lasting knowledge.

 Curious about the full results? Dive into the research here:

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